

# | 3rd Annual Wily Speaker Series

## AN EVENING TO LEARN AND GROW

**Wily Shines a Light  
on College Students and  
their Mental Well-Being**

FEBRUARY 25, 7PM  
SPONSORED BY

**THE ILENE BEAL  
CHARITABLE FOUNDATION**



# PROGRAM

## Welcome and Introductions

**Mathieu Medina**

Wily Scholar

Massachusetts Institute of Technology '21

## Voices of Coaching

### The 2021 Wily Pack Award in honor of Gail and Jim Radley

**Judi Alperin King, PhD**

Founder and Executive Director

## Presentation of Award

**Susan Goldscheid, MAT**

Clinical Scholar Coach

## Acceptance of Award

**Saffron Deasey**

Wily Alumna

Massachusetts Institute of Technology '20

## Panel Discussion: College Students and their Mental Well-Being

### Panelists

**Sherri Ettinger, PhD, LICSW**

Interim Dean of Student Affairs

and Head of Counseling Center

Simmons College

**Micah M. Griffin, PhD, MHA**

Senior Director of University Health

Services, Penn State University

**Sheila Murphy**

Consultant, WittKieffer

## Closing Remarks

**Mathieu Medina**

## The 2021 Wily Pack Award

Each year, we recognize a Scholar with the Wily Pack Award in honor of a benefactor who has made a significant impact on our program. The Pack Award is given to a Wily Scholar who has embraced all that the Wily Network offers, making the most of the resources and opportunities available. Awardees engage in their college community fully to prepare for post-college life.

# PANELISTS



## **Sherri Ettinger PhD, LICSW**

Interim Dean of Student Affairs and  
Head of Counseling Center  
Simmons College

Sherri has worked with adolescents and young women for 25 years, focusing on life-transitions, self-development, and resilience. Areas of particular

interest include sexual identity, trauma, eating problems, parenting, and the impact of oppression on development and self-esteem. In addition to providing clinical services to Counseling Center clients, Sherri supervises interns and serves on various committees at Simmons.



## **Micah M. Griffin, PhD, MHA**

Senior Director of University Health  
Services, Penn State University

Micah is an accomplished health care leader with experience in community mental health, public health management, health equity research, nonprofit development, healthcare

administration, and college student health & counseling administration. Micah's vision is to develop sustainable health delivery programs that improve behaviors and outcomes which result in a more healthy individual, family and community.



## **Moderated by Sheila Murphy**

Consultant, WittKieffer

Prior to joining WittKieffer, Sheila served as the Dean for Student Life at Simmons College in Boston. She was responsible for administration and management of all aspects of co-curricular life for undergraduate and graduate students, while supervising staff and managing

facilities renovation and budget. Sheila has also served as Vice President and Dean of Students at Bradford College in Bradford, Mass.; Dean of Students at Mount Holyoke College in South Hadley, Mass.; Vice President for Student Affairs at Russell Sage College in Troy, New York; and Dean of Students at Mount Ida College in Newton Centre, Mass.

# HONOREES 2021

## Shining a Light on Gail and Jim Radley

The 2021 Wily Pack Award is presented in honor of **Gail and Jim Radley**. Gail and Jim have long served as changemakers in our community, bringing compassion and ingenuity to every challenge. The Wily story is one of many in which their dedication to making positive change has made a real difference. In 2015, when Gail and Jim became aware of the need for this higher education support program in Massachusetts, they stepped forward and became our very first donors. They understood that it is in people that we must invest and that each one of us has a personal responsibility to build up and celebrate everyone in our community. They have continued to lead with grace and purpose, providing Wily with unwavering support over the last six years.

“From the moment we learned about the Wily Network we realized the importance of its mission. Our eyes were opened to a situation we had never considered. Knowing the challenges young people face starting their college journey it seemed beyond daunting to even try on your own. We all need a support network throughout life. It has been an amazing five years of growth for the Wily Network due to the unending creativity, hard work, motivation and dedication of both the staff and the Scholars. We have the deepest respect and admiration for the Wily Network and the difference they are making in so many lives. We are proud of you, we applaud you and we support you.”

—Gail and Jim Radley



# AWARDEE 2021

## Shining a Light on Saffron Deasey



The 2021 Wily Pack Award is presented to **Saffron Deasey**, Wily Scholar alumna, Massachusetts Institute of Technology '20. When we first met Saffron as an MIT sophomore, we were prepared to welcome her to Wily yet she quickly turned the tables with her warm, confident and welcoming smile. While our goal was to support Saffron and her overall well-being, she became our teacher. With Saffron in the room, no one feels alone; everyone has an ally.

Saffron went to MIT not just to study, but also to learn and absorb — fully engaging in dorm life, the Black Student Union, her sorority, admissions and theatre. She was also on the president's committee for MIT's reaccreditation, a testament to how highly regarded she was by her school.

Most notable is Saffron's regard and support for her fellow Wily Scholars. As an active member of the Wily Pack, she has a deep understanding of the critical need to build communities. Her kind, respectful and open leadership is just one of the reasons we are thrilled to present her with the 2021 Wily Pack Award.

### Past Recipients



2020 **Isiah Myers**  
Northeastern University '20 (left)



2019 **Eric James**  
UMass Dartmouth '19 (right)

### Past Honorees

2020 **Stevie and David Spina**  
2019 **Kathy and Bill Parent**

### Past Keynote Speakers

2020 **James Morton, Esq.**, President  
and CEO, YMCA of Greater Boston

2019 **Dan Chambliss**, Hamilton  
College professor and author,  
How College Works



# SPONSOR

## Shining a Light on The Ilene Beal Charitable Foundation



Thank you to **The Ilene Beal Charitable Foundation** for sponsoring the 3rd Annual Wily Speaker Series. For the past two years, The Ilene Beal Charitable Foundation has shined the light of Ilene's heart and mind on the Wily Network. Wily aims to reflect that light by modeling Ilene's

capacity to see the strength in people and to create a scaffolding of support that builds on those strengths.

Ilene Beal was a female pioneer who achieved great professional success and had a major impact in the Boston banking world beginning in 1970 through 1999. She spent the bulk of her professional career with BayBanks, rising through the ranks to become an Executive Vice President and the Chairman's right hand. Pioneering a path up the corporate ladder for women in the 1970s, Ilene Beal made

it to the top executive tiers in New England banking while mentoring business associates and undergraduates from her alma mater, Wellesley College.

Ilene was a dedicated and meticulous professional with a big heart who did everything she could to support, mentor, and encourage other women to follow their dreams and passions, and never feel limited by other people's views about women's roles. She often said women can and should do whatever they want professionally. "I was raised to believe I could do anything. If I broke a toy, I learned how to fix it."

Ilene died at the age of 69 on August 1, 2015 after a long and valiant battle against cancer. Her legacy lives on through her friends and colleagues, and the work of the Ilene Beal Charitable Foundation.

**THE ILENE BEAL  
CHARITABLE FOUNDATION**

# MISSION

## Our Mission

Wily Scholars are promising students who are experiencing life challenges such as homelessness or foster care, or whose parents may be deceased, dealing with addiction, mental health issues, or incarceration. Some Scholars may be estranged from their families due to identifying as LGBTQIA+.

- To ensure Scholars have the tools and networks necessary to thrive in four-year residential colleges.
- To empower Scholars to transition successfully into post-college life and become vibrant members of their communities.

The Wily Network provides a critical safety net for these Scholars as they navigate college on their own. The Wily program offers weekly clinical coaching, financial assistance, community-building support, and networking opportunities to help them move from surviving to thriving.

## Clinical Coaching Staff

Bianca Blakesley, LICSW

Korie Clegg, MSW

Susan Goldscheid, MAT

Judi Alperin King, PhD

*Founder and Executive Director*

Madjeen Lorth, MEd

Kat Castañeda Macdonald, LICSW

*Director of Coaching*

Zubin Mistri, M. Div.

Bonnie Yezukevich, LICSW

*Director of Programming*

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## Honorary Board

David Spina

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## Event Co-chairs

Annie Montesano

Hilary Steinert

# RESOURCES

While we hope the 2021 Speaker Series panel discussion will provide you with helpful information and tools, we recognize that the topic of mental well-being is extremely broad and all of your questions may not be addressed this evening. Below is a short list of recommended mental health resources.

Please visit the [Wily Network](https://www.thewilynetwork.org) for additional resources on this very important topic.

## Active Minds

The Clay Center for Young Healthy Minds

College Mental Health Program  
at McLean Hospital

The Healthy Minds Network

The Jed Foundation

The Steve Fund

The Trevor Project



## Wily Supports 70+ Scholars at 12 Colleges

Boston College  
Boston University  
Bridgewater State University  
Emmanuel College  
Harvard University  
Massachusetts College of Art  
and Design  
Massachusetts Institute  
of Technology  
Middlebury College  
Northeastern University  
UMass Boston  
UMass Dartmouth  
Wellesley College  
(as of 1/2021)

[thewilynetwork.org](https://www.thewilynetwork.org)  
781-355-6527

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